



## BOOKS TO TEACH YOUNG CHILDREN ABOUT HEALTHY SEXUAL DEVELOPMENT & HELP PROTECT CHILDREN FROM CHILD SEX ABUSE

It is important that we are comfortable talking to children about their private body part and give them the words they need to tell us if something is wrong or talk to us when they have questions. Often, using books as tools to teach makes parents more comfortable with the topic and it is important to be comfortable so children know they can talk to us anytime. Here are some book titles you can use to talk to your child about their private body parts.

When reading to your child allow them to ask questions when they have them, talk about the pictures and enjoy your time together! Children are often absorbing much more than we give their credit for. Don't force children to talk about things that make them uncomfortable, but allow them to come back anytime they have questions. DON't forget to spend time talking about the illustrations, guessing what will happen next and discussing the characters are just as important. ***This is not an exhaustive list.***

Title	Author	Recommended Ages
<b>Amazing You: Getting Smart About Your Private Parts</b>	Dr.Gail Saltz	Ages 3-8
<b>Body Safety with ya: My Body is Off Limits</b>	E. Moort	Ages 2+
<b>I Choose to Say NO!</b>	Elizabeth Estrada	Ages 3-5
<b>I Said NO!</b>	Kimberley King	Ages 4+
<b>Miles is the Boss of His Body</b>	Samantha Kurtzman-Counter	Ages 8-12
<b>My Body! What I Say Goes!</b>	Jayneen Sanders	Ages 3-10
<b>My Body Belongs to Me</b>	Jill Starishevsky	Ages 3-8
<b>My Body Is Special and Private</b>	Adrienne Simeone	Ages 3+
<b>My Body's Mine</b>	Jayla J.W. Marnach	Ages 2-14
<b>My Private Parts are Private!</b>	Robert Edelman	Ages 8-12
<b>No Means No!</b>	Jayneen Sanders	Ages 2-9
<b>No Trespassing - This is My Body!</b>	Pattie Fitzgerald	Ages 4-8
<b>Teach your Dragon Body Safety</b>	Steve Herman	Ages 2-8
<b>The Bare Naked Book</b>	Kathy Stinson	Ages 2-5
<b>Who Had What?</b>	Robie H. Harris	Ages 3-8