

Why We Love Supportive Dads

Father's Day is a day to celebrate fathers and the wonderful role they play within the family. A day to celebrate the fathers who listen and the fathers who wipe away tears. The exhausted fathers who change diapers in the middle of the night, and the joyous fathers holding little hands as little feet walk their first steps. The fathers who play catch with their daughters and who cheer loudly at their son's band concert. The fathers who are there for their kids, day after day, year after year.

This Father's Day, we want to take a moment to recognize the amazing impact that fathers have on their children's lives. And not just when they are present, but when they are truly actively involved and supportive.

When a father is involved in a child's life throughout childhood, the positive impact is incredibly apparent. There is a large amount of research following myriad different aspects of life, all clearly pointing to the critical role of a supportive father.

Children with involved fathers are:

- More likely to receive better grades
- More likely to go to college
- More likely to find stable employment after high school
- More likely to be in a healthy relationship later in life
- Less likely to repeat a grade, or be suspended or expelled
- Less likely to have a teen birth
- Less likely to be incarcerated
- Less likely to experience behavior and emotional problems

In addition, children with involved fathers are less likely to engage in high risk behaviors. They also have higher IQ scores and have higher self-esteem. Further, they tend to have better social skills and are better able to deal with adversity.



now what? Keep Loving.

Why We Love Supportive Dads

It has to be said -- involved dads ROCK!

All of this being said, it is so important fathers understand how powerful their supportive presence is. The science doesn't lie, children will be so much better prepared for success in life! And the feeling of being loved and supported is so critically important.

We know fatherhood (and motherhood) is by no means easy or straightforward or simple. Many new fathers may even feel overwhelmed or unsure of how to connect or contribute. The most important thing that can be done is to keep trying and putting in the effort.

now
what?

KEEP LOVING.

Just know that it is TOTALLY OKAY to ask for help, at any point in the fatherhood journey. For new and expecting fathers, EveryChild offers Basic Training For New Dads, a class taught by dads, for dads! Check out this link to learn more about the program: <https://www.foreverychild.org/basic-training-for-new-dads>

.....

Originally posted on the Now What? Blog on 6.17.21 The Now What? Blog served for nearly 7 years to

- 1. Normalize parents seeking support and help as a manner of child abuse prevention*
- 2. Engage community in how they can work to prevent child abuse*
- 3. Work to build resiliency in families through promotion of the 5 protective factors*

Maybe you coach a baseball team or you help care for the neighbor kids from time to time. You are investing in the safety and security of the children in our community. Because it truly does take a village to raise our children, we want to offer the tools needed to bring awareness and education to preventing child abuse.

now what? Keep Loving.

