

WAYS TO PLAY WITH YOUR KIDS DURING COVID-19

Get Outside and Play!

- Many communities are placing Hearts, Rainbows, and colorful pictures in their windows or on their doors. See how many fun things you can count on walk around your neighborhood.
- What things you can collect? See who can find the biggest rock or the most pine cones!
- Continue to practice *Social Distancing* while outside. Most parks and playgrounds are closed at this time, but our sidewalks are not! Bring sidewalk chalk on your walks and write encouraging messages or draw shapes for others to find.

Make Some Crafts!

- Draw and color a picture together. Have your little one tell you a story about what they have made. You could send it to a loved one, too!
- Use a paper plate and make animal masks. Have each family member make one and put on a show!
- [The Kennedy Center and children's author, Mo Willems](#), have some fun tutorials to learn to draw together.

Learn Together

- [National Geographic](#) has a lot of science experiments that can be done with things that you might already have around the house.
- Cook or bake with your child. Let them help you measure, pour, and mix the ingredients together
- Play a board game together as a family
- Go on a color scavenger hunt around the house – kind of like “I Spy” but with more movement!

INDOOR SCAVENGER HUNT

- A toy with wheels
- A pair of matching socks
- 4 things that are blue
- Something soft
- Something round
- A toy that fits in your hand
- A book with numbers
- Your favorite stuffed animal
- A toy with 3 different colors
- Something you can see yourself in

OUTDOOR SCAVENGER HUNT

- A rock with spots on it
- A flat rock
- Something that is light
- Something that is heavy
- Something that is brown
- Something that is yellow
- Something that starts with the letter “S”
- Something you love to play with
- A stick bigger than your hand
- A seed (walnut or acorn)

Ready for snack? Make sure everything gets put back where it belongs.